

PROJECT *Beauty Co*

Nanobead Hair Extension Maintenance Guide

Product Recommendations

Your hair extensions are in their best condition after installation, but proper care is key to longevity. Using salon-quality products will maintain their health and shine.

Product Essentials

We recommend using salon-quality shampoos and conditioners suited to your scalp and hair type, as they're free from fillers and silicones.

Avoid:

SLS (Sodium Lauryl Sulfate) – Strips moisture

Drying alcohols & silicones – Cause buildup & breakage

Deep Conditioning & Moisture

✓ Apply a deep treatment mask every 3-4 washes (about once a month) to keep extensions hydrated, every 2-3 washes for blondes or damaged hair types.

✓ Since extensions don't receive natural oils, they rely on moisturizing treatments & heat protectants.

✓ Avoid oils, masks & conditioners near the roots/beads to prevent slippage.

Avoiding Volumizing Shampoo is a MUST!

Volumizing formulas open the cuticle in order to give the volume, and this leads to dryness, tangling & weakened bonds. The use of volumizing products voids the suppliers warranty.

✓ Instead, use a hydrating shampoo to keep hair smooth & manageable.

Clarifying Shampoo: When & How to Use It

Over time, hard water & product buildup can weigh hair down and make it fragile. Use a clarifying shampoo once a month to remove buildup, but avoid overuse as it can be drying.

How to use:

1. Wash first with clarifying shampoo & rinse.
2. Follow with regular shampoo for hydration.
3. Apply a mask for moisture, then condition to seal.

6 Must-Have Products for Extensions

1. Heat Protectant – Shields against damage
2. Nourishing Oil – Keeps hair soft
3. Deep Conditioner – Hydrates & restores
4. Clarifying Shampoo – Removes buildup (use monthly)
5. Salon Shampoo – Cleanses without stripping
6. Salon Conditioner – Locks in moisture

With proper care, your extensions will stay healthy, smooth & long-lasting!



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Cleanse with care

1. Always Brush Before Washing

Before stepping into the shower, gently detangle your extensions starting at the ends and working your way up to the roots. This prevents unnecessary tangling and ensures your extensions remain smooth and easy to manage.

2. Use Lukewarm to Cool Water

Always wash your extensions in lukewarm or cool water—never hot. Hot water opens the hair cuticle and can cause toner fade or unwanted warmth, especially in blondes. Cooler water helps preserve color, shine, and moisture balance.

3. Shampoo the Scalp, Not the Extensions

Your scalp is where product buildup and oils accumulate, not the extensions themselves.

When shampooing:

- Focus on applying shampoo to your scalp and natural hair first, massaging gently at the roots.
- Allow the lather to run through the extensions as you rinse rather than scrubbing the bonds directly.

This helps prevent slippage and keeps the beads secure and clean without tension.

4. Wash No More Than 1–2 Times Per Week

Hair extensions are no longer alive, therefore they don't produce oils, so overwashing can lead to dryness and damage.

Stick to washing once or twice a week to maintain softness, shine, and integrity.

Less is more when it comes to longevity.

Conditioning Tip: After shampooing, apply conditioner from mid-strand to ends only—avoid the beads or attachment points. Leave it in for 2–5 minutes, then rinse thoroughly. Conditioning too close to the bonds can cause slippage or the nano bond to prematurely breakdown.

Top wash techniques: Refresh without a full wash

To keep your roots fresh between washes:

1. Section your natural hair above the top bead line and clip it out of the way.
2. Secure your extensions in a low bun or braid to keep them dry.
3. Wash only your natural hair using a handheld showerhead or sink for control.
4. Towel-dry and blow-dry this top section before releasing your extensions.
5. Blend and style as usual for refreshed, clean roots

without overwashing your extensions.

By following these professional washing techniques, your NanoBead extensions will stay soft, seamless, and long-lasting. Proper care ensures your hair remains as beautiful as the day it was installed.



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Brushing + Styling Tips

1. Brushing Essentials

- Use a boar bristle, paddle, or wide-tooth comb for gentle detangling.
- Always support your roots with one hand while brushing with the other to avoid tension on the beads.
- Start brushing from the ends and work your way up to the roots.
- When hair is wet, it's most fragile—allow it to air-dry at least 40% before brushing, or apply a leave-in conditioner or detangler first.

2. Heat Styling Best Practices

- 100% cuticle-intact Nano hair can be blow-dried, curled, or straightened using a salon-quality heat protectant.
- Let hair air-dry halfway before blow-drying to reduce heat exposure.
- Keep hot tools between 350–390°F for optimal results without damage.
- Avoid excessive daily heat styling to maintain extension softness and shine.

3. Important Heat Tool Rule

Never use hot tools without heat protectant—this is non-negotiable. It's the single most effective way to protect your investment, preserve your extensions' integrity, and extend their wear.

4. Quick Refresh Between Washes

- Use a light dry shampoo at the roots to absorb oil and refresh your style.
- Lightly mist the mid-lengths and ends with a leave-in conditioner to revive softness, shine, and manageability.

Air Drying Tip

If you prefer to air-dry your hair, always blow-dry the bead area afterward to remove trapped moisture. Damp beads can cause a musky smell or bacteria buildup over time. A quick blast of warm air at the roots ensures scalp health and keeps your extensions fresh.



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Maintenance, Sleeping + Removal

Maintenance Appointments

- Stay consistent: Schedule your maintenance every 6–8 weeks to prevent tangling, matting, or stress on your natural hair.
- Prep before your visit: Wash your hair within 12 hours before your appointment—avoid applying oils or heavy products near the root area, as these can cause slippage or early bead loosening.
- Avoid buildup: Skip applying product directly to the root or bead area between appointments to protect your bonds and maintain longevity.

Pro Tip:

Consistent maintenance keeps your natural hair healthy and your extensions looking flawless between re-installs.

Sleeping With Extensions

Adjusting to sleeping with your extensions may take a few days—but with proper care, it quickly becomes effortless and comfortable.

Before Bed:

1. Gently brush and detangle your extensions before bed.
2. Wear a loose braid or low ponytail to minimize pulling or tension on the scalp.
3. Use a satin pillowcase to reduce friction and prevent tangles overnight.
4. Never sleep with wet or damp hair—ensure roots and beads are fully dry before bed to prevent slippage and odor.

Tip: If you prefer a high ponytail, keep it loose to protect your scalp and beads from tension while you sleep.

Removal

Extensions should never be removed on your own. Attempting to do so can cause damage to your natural hair, as improperly broken beads may act like a razor, leading to unnecessary breakage. Always have your extensions removed by an experienced professional to ensure the process is done safely and without harm.



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Colouring + Toning

Proper colouring and toning are key to keeping your NanoBead extensions healthy, vibrant, and long-lasting. Extensions can be safely darkened, but they should never be lightened, bleached, or lifted, as this can cause dryness, breakage, and weakened attachment points.

If you wish to go lighter, the safest method is to remove your extensions, lighten your natural hair, and then colour-match a new set of extensions to your desired tone.

Toning & Maintaining Blonde Extensions

- **Salon Visits Every 8–12 Weeks:** Regular professional toning refreshes blonde shades and removes brassiness.
- **Use Purple or Blue Shampoo Sparingly:** Choose a sulfate-free formula to tone warmth without drying the hair.
- **Avoid At-Home Lightening or High-Lift Toners:** These can damage the extension bonds and strip colour unevenly.
- **Hydrate Deeply:** Follow toning with a moisture-rich mask or conditioner to keep your extensions soft and healthy.

Colouring & Refreshing Brunette Extensions

- **Safe to Darken:** Extensions can be coloured to a deeper tone using semi- or demi-permanent professional products.
 - **Professional Only:** Always have your stylist apply the colour, ensuring the beads or bonds aren't oversaturated.
- **Enhance Shine:** Ask your stylist for a gloss or glaze treatment to refresh tone and add luminosity between appointments.

Protecting Your Colour & Preventing Fading

- **Use Colour-Safe, Sulfate-Free Products:** Gentle cleansing preserves both the extension and your natural hair colour.
 - **Limit Heat Exposure:** Always apply a heat protectant before styling to prevent dryness and fading.
 - **Rinse Thoroughly:** After any colour or toner service, ensure the product is fully rinsed to protect bead integrity.
- **Avoid Hard Water Damage:** If you live in a hard water area, consider a shower filter to prevent mineral buildup that can dull colour.

Important Notes

- Colouring should always be performed by a professional experienced with extensions.
 - Never colour, bleach, or tone extensions while they're installed at home.
- Your stylist will ensure products don't oversaturate the beads, protecting both your natural hair and the attachment points.



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Vacation+ Swimming Care

Whether you're heading to the beach or relaxing poolside, proper care ensures your NanoBead extensions stay beautiful, hydrated, and damage-free. Follow these simple tips to protect your hair from UV rays, salt water, and chlorine exposure.

Sun Protection

- Wear a wide-brimmed hat and apply a UV protectant spray to your hair to prevent dryness, fading, and brittleness from sun exposure.

Water Exposure

- Avoid prolonged soaking: Don't leave your extensions wet for long periods.
- If your hair is exposed to chlorine, salt water, or chemically treated pools/hot tubs, rinse immediately with clean water and wash with a gentle, extension-safe shampoo.
- These elements can dull colour, cause tangling, and lead to premature wear of the NanoBeads.

Sunscreen Warning

Certain sunscreens containing avobenzone, octocrylene, or oxybenzone can react with extension hair, causing unwanted orange or pink discoloration.

To avoid this: Choose sunscreens formulated with zinc oxide or titanium dioxide—these ingredients are extension-safe and gentler on the hair.

Hard & Salt Water Caution

Hard water (high mineral content) and sea water can make extensions dry, dull, and more prone to matting.

Whenever possible, avoid submerging your extensions in these environments. If contact occurs, rinse immediately and follow with a deep conditioner or leave-in treatment to restore moisture.

Before Swimming

- Secure your hair in a low braid or soft bun to reduce tangling and friction.
- Apply a leave-in conditioner or small amount of oil through the mid-lengths and ends before swimming—this acts as a barrier against salt and chlorine.

Travel Product Tip

Avoid hotel shampoos and conditioners—they're often too harsh or drying. Always pack your stylist-recommended travel-size shampoo, conditioner, and leave-in products for best results.

Enjoy Your New Hair Extensions

Your NanoBead extensions are designed to look beautiful and feel natural, even on vacation.

If you have any questions or need product recommendations, we're always here to help guide you through your extension journey.

Call or Text: (780) 742-4459

